



They made it – the C team at the Interclubs where we came 7th



Newsletter Autumn 2007

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New Committee

Richard Hodge -
Chairman,
Vivienne Mugford -
Secretary,
Jon Aston -
Treasurer,
Joel Crossland -
Club Captain.
Forbes Lindesay -
Junior rep,
Mallory Franklin -
Junior rep.
Club Coach
Open
Co opted
Kate Henry-Aston
Membership
Secretary,
Dave Waine
Equipment
Mark Welch
Maintenance

Club Address,
Lock Island,
Shepperton Weir
Ferry Lane
Shepperton, Middx

Words from your new Chairman

It has been a year now since Gavin mentioned at the last club AGM that he intended to step down from his position as Chairman at this year's AGM - more than enough time for me to have a good long think about what a difficult role it is and whether I really think I can cope with it. I clearly didn't put enough thought into it, because I still stood for the position at this year's AGM and was duly elected the club's new Chairman. Many thanks to Gavin and all the work he put in during his time in office and I hope I won't disappoint you all.

Now that we are getting into winter training, it's a good time to mention the excellent training sessions which Joel Crossland has been running through the season and will be continuing through the winter.

So if any of you are looking for some extra motivation, why not join in.

While on the subject of winter, I'm sure a lot of you are looking forward to the river levels rising and getting some good big water training done. Don't forget to keep safe, don't paddle on your own, unless you can absolutely guarantee your own safety (juniors, we'd rather you don't paddle on your own at all) and always wear a helmet on moving water. Even when it's flat, remember that there are places where there are rocks quite close to the surface and if you hit one with your head, we'll have to call you and ambulance! Anyway, enough of the safety stuff, enjoy the winter and look forward to the new season starting in March - at Shepperton of course. If you can't wait that long there is always mini-slaloms and a series of London and South East region training days.

Finally, don't be surprised if you don't see much of me over the next few weeks, I'm working in Scotland most weeks at the moment, but if you have issues that need urgent attention, you can email me at richard@rhodge.plus.com and hopefully I'll be able to help.



Helen Reeves,
winner of
Olympic Bronze
in Athens and
member of our
club. Awarded
honorary life
membership of
the Club in 2004.

Helen will be
moving back to
the midlands in
the spring but
will be a great
asset on our Club
Improvement
Working Party,
which will have
particular
emphasis on
publicity and
coached sessions

Contributions or comments to:
v.mugford@btopenworld.com

End of season rankings:

Prem

K1W

14 Radka Felingerova
23 Mallory Franklin
30 Steph Smith

K1 M

20 James Mugford
23 Zac Franklin
25 Harry Mugford
33 Andrew Rendall
C1
10 Joel Crossland
21 Neil Setford Thompson
26 Joseph Hubert

Vet

? Jon Aston

Div 1

K1W

8 Louise Weir
9 Sarah Green
31 Victoria Maloney
33 Sam Hayes
34 Catherin Ross
K1M
44 David Reid
53 Steve Weir
75 Forbes Lindesay
89
91 Jamie Lewis Frazer McKenzie
92 David Lindesay
120 Terence Ansell

C1

10 Jamie Rendall

Div 2

K1W

24 Naomi Winters
36 Annette Green
55 Elspeth Shaw

K1M

3 Alec Feuillard
8 George Murdoch
11 Greg Thomas
15 Joe Davies
20 Alex Garratt
30 George Durden
32 Phil Davies
65 Vince Lamph

C1

6 Mallory Franklin
12 David Lindesay
18 Victoria Maloney
C2

5 Lindesay/Lindesay
and various combinations s
see www.canoeslalom.co.uk

Div 3

K1W

9 Shona Shaw
44 Vivienne Mugford
K1M
2 Finely Shaw
34 Russ McKenzie
46 Peter Beddingfield
108 Troy Franklin
C1
1 Les Saunders
12 Aaron Feuillard

Sessions

Monday, Wednesday and Thursday
6.00 to 7.30 there are training sessions
usually well attended and with great
coaching with Joel, when he is in the
country.

Tuesdays from 6.30 Tandridge Blades
– who are also Shepperton members -
come in force usually with Peter
Beddingfield – a level 3 kayak coach
who also does his best in slalom.
So come and join in the winter training.

The Flavour of the AGM

It was good to have Andy Gray – Regional
Paddle Sports Officer - and our own Helen
Reeves at the meeting.

They told us about the BCU coaching positions
available to clubs in the region. These could be
available to our club – even 2 days a week – if we
are going for Top Club status. The coaches
appointed would not only run sessions for
paddlers but train up the volunteer coaches and
helpers. There was enthusiasm for this at the
meeting.

In 2005 we had set in place most of the
'management' criteria for Top Club application but
fell at the most important hurdle of structured club
sessions and paddler progression.

Joel's amazing training group forms an essential
part of this requirement, but the club needs to do
more.

Membership is down and the feeling was that the
club wanted to commit to develop, grow and
attract new members. To do this club evenings
and week-end sessions are essential, with a
guaranteed coach and club helpers. The coach
would not only coach paddlers and enable
newcomers to try the sport but also train coaches
and helpers.

We agreed to form a Club Development Working
Party, which Helen Reeves is happy to help with
and also a Top Club sub committee.

So watch this space and any offers of help
welcome.

Our events 2008

March 1st 2nd Div 1 / 2
June 28th 29th Div 3 / 4
August or Sept Div 3 / 4

Any offers to organise?.