



Cover Pic - entries welcome for this spot.



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Club Address, Lock Island, Shepperton Weir Ferry Lane Shepperton, Middx	

What's On

18/19th June (9.00 to 17.00) London and SE Canoe and Kayak Show will be held at Whitewater The Canoe Centre, Shepperton Marina, Felix Lane, Shepperton.

There are all the latest boats and equipment to try out and it is a really fun event.

Whitewater The Canoe Centre stocks Slalom gear (not boats) now, so here is the ideal opportunity to check it out.

Addlestone Canoe Club runs the refreshment stall - selling teas, coffees, cans, cakes, sweets, burgers, sausage/bacon/egg in a bun, etc.

It is a good two days so do go and have a look and try.

16th and 21st June 18.00 to 22.00 8 hour aquatic first aid course at the club – a few places left.

9/10th July Shepperton slalom Div 3,4 double event

There will be coaching from 10.00 and the event will start at 12.00. This will be a bit of a rehearsal for the Interclubs in September. Help always needed and have a free judges run too.

10/11th September

Slalom Interclub competition at Cardington – see feature on page 4 and COME!! for a great club week end.

A message from Helen Reeves, winner of Olympic Bronze in Athens and member of our club:

'I have many fond memories of Shepperton. Shepperton was really where my canoeing career took off. I was very lucky with all the people I met through the club, everyone was so enthusiastic and helpful, even on those dull freezing cold winter nights. I remember dark nights when I would go down and the weir was massive and the poles had ice on the bottom. It was all too tempting to sit inside in the warm, but there was always someone to encourage me to get on and help me progress to where I am today. Shepperton Canoe Club has played a big part in my canoeing career. I was delighted to hear that I had been awarded Honorary Life Membership. Thank you very much'

Shepperton / World Class Working Party

9 members now with Sports UK, Good Practice and Child Protection Certificates.

Well done to Mick Smith, Paul Haigh, Joel Crossland, Neil and Helen Maloney, Richard Hodge, Naomi and Lesley Winters and Vivienne Mugford for attending the Good Practice and Child Protection course at the club on March 2nd. The course was also attended by 3 members of Addlestone CC, and 2 others. Thanks to Sue Hornby for delivering the course and to WC for financing it

Sessions

Monday 18.30 to 20.00
Wednesday 18.00 to 20.00
Thursday 18.00 to 20.00

These are now well attended and supported by competent paddlers. There is a weekly session planner emailed to everyone, with ad hoc week end session and events noted. Please check the week end sessions, to be sure of company.

Shepperton / World Class Working Party

This was set up following an enthusiastic AGM last November to develop Shepperton CC into a more effective regional centre of excellence for canoe slalom. Over the winter, WC has been generous with direct coaching input, coach education, various workshops for coaches and club members, a partial rebuild of the gate system and general advice and encouragement on their club programme and site development. A regular weekly coaching programme is now up and running. The committed working party group is continuing to develop the many facets of the action plan including encouraging the canoe class and working towards Top Competition Club status. Many thanks to everyone for their efforts over the winter.

7 members attended level 1 slalom coach course and 5 level 2 slalom assessed

Mick Smith, Richard Hodge, Paul Haigh, Gavin Hollis, Neil Maloney, Harry and James Mugford attended the level 1 slalom course held over 2 evenings on March 8th and 15th at the club. Also present were 3 members from Islington boat club and 2 from Dagenham.. Alan Edge delivered an excellent course helped by Gordon Walling, who will be able to deliver such courses in the future. Dave Waive and Andrew Randall were able guinea pigs.

Mick Smith, Richard Hodge, Joel Crossland, Neil Maloney and Gavin Hollis were assessed for the level 2 slalom coach assessment on May 17th. Our thanks to Alan Edge for running these courses and assessment and to Gordon for helping him. Thanks also to World Class for financing it all and for their continuing support in this area. We now have a growing number of nearly qualified coaches.

First Aid Course to be held on 16th and 21st June 18.00 to 22.00

This is the 8 hour aquatic first aid course required suitable for all levels of coaching award up to level 3 kayak

Top Club Progress

We aim to aspire to Top competition Club status by July 2006. *Top Club is the sign of a quality club - it demonstrates that the club has a commitment to young people and provides safe, effective quality activity and coaching programmes. The benefits to the club are recognition, helping to increase membership, additional support for development, coaching and access to more funding streams. We have are progressing in many of the requirements. You will soon see new codes of conduct etc and a sign in system.*

Gate lines

World Class have financed and John McCleod masterminded and helped erect a new gate line system for the top part of the weir pool. This is working well for training and hugely helps in preparing competition courses.

Further development awaits discussions with the environment agency over issues to do with use of trees etc.

Flood lighting

World Class had agreed to finance additional flood lights to be erected by end March 2005. We missed the dead line, due to a need to have agreement from the Environment agency over the system to be used.

Communication with the Environment Agency

Richard Hodge will lead an initiative to establish on effective liason with the Environment agency over these issues of facilities and also regarding water supply for events and training sessions. The liason group will include key BCU and World Class members. World Class will help with producing a promotional document on the importance of Shepperton as a facility for canoe slalom in the South and of canoe slalom as an Olympic sport. This will include endorsements from Helen Reeves and Paul Ratcliffe.

Competition News

Our Div 1 and 2 event

The slalom season was kicked off again this year at Shepperton. The event ran very smoothly and was well attended. People came down from Scotland and Yorkshire. We were lucky to have a gate open for the Div 2 event and half the Div 1 event!!! Moves are afoot to improve communication with the Environment Agency to ensure a constant supply for our events in future and maybe to allow more flow for certain training sessions. Good luck to Richard Hodge

Senior progress

It is good to see babes in tow at Hpp and the Tryweryn this year and seniors enjoying their runs.

Junior Selection for GB teams

It has been a busy Spring for our juniors, competing in the GB junior selection races at Nottingham, Grandtully and Bala. Of our members, 5 boys and 11 girls took part in Kayak classes. There were some tough races and some spirited performances from everyone.

James Mugford and Minnie Clapham were selected to compete in the Junior J18 team in Prague in July and then the European Championships in Krakow, Poland in August. Harry Mugford and Heather Caesar are first reserves for this team. James and Harry and Minnie are also on the J17 team to go for the Pre Worlds in Solkan, Slovenia in July.

In the J16 races run on different days but the same venues as the J17 and J18 races, Alice Spencer and Sarah Green will compete in a home nations J16 team at the Danubia cup in August. Well done all of you.



Juniors..... Murray Weir at home.....

and Harry Mugford at Shepperton



Junior selection positions

MK1	
James Mugford	J18 3
	J17 2
Harry Mugford	J18 4
	J17 3
Zac Franklin	J16 8
Andrew Rendall	J16 16
Danny Ward (1 race only)	
WK1	
Emily Clapham	J18 3
	J17 1
	J16 1
Heather Ceasar	J18 4
Catherine Rolfe	J17 5
Helen Brooks	J17 6
Alice Spencer	J17 4
	J16 2
Sarah Green	J17 8
	J16 4
Mallory Franklin	J16 12
Sam Hayes	J16 16
Catherine Hayes	J16 17
Victoria Maloney	J16 19
Sophie Britton (1 race only)	
C1	
Joseph Hubert	J16 6

Club trips coming up

INTERCLUBS CHAMPIONSHIP 2005

As you hopefully should be aware by now, this year is the 21st Anniversary of this sensational weekend event and some 13 years since Shepperton were able to put out a team strong enough to contest this competition and win it.

With the tremendous effort that is being put in to re-vitalise the club and provide coaching and general support to the newer members (and older ones alike) we have taken the decision to once again enter a team and attempt to win the competition which runs over two days.

We know that it is still early in the season and everyone will have their personal goals, but this weekend in September doesn't clash with any other ranking event and so I hope that as the non-paddling team manager (and hopefully to stay that way!!!) I will get ALL members to support me and the club in attending, competing (and maybe even winning) in this historic year.

To date, a large number of members have registered their support with me – you too can do so by phone on 020 8893 4064 or e-mail nmaloney@btinternet.com - and I hope that we can get everyone to paddle and/or come and support the paddlers on these days.

So far, James & Harry Mugford, Richard Hodge, Mick Smith, Jamie & Andy Rendall, Forbes & David Lindesay and Joel Crossland - for the boys – and Steph Smith, Victoria Maloney, Sarah Green, Sophie Britton and Sam Hayes for the girls have all said that would wish to compete. What we dearly need are other members who are registered in the lower divisions (or perhaps want to try for the first time) to also come forward.

We have so many good and talented individuals and a great club spirit with all the wonderful things that are beginning to happen that we need to make sure that we make the most of this. One way is to become a fully integrated club, supporting your fellow paddlers and entering into "the spirit" of the club.

Anyway, for those who do attend, I have organised a "BBQ" meal after Saturday's exertions and before the serious business of "partying" begins with the disco. ALL club members will be welcome (whether they paddle or not).

I am also trying to organise some sponsorship, so the more enthusiastic people are and the more names I can put before prospective candidates the better.

Thanks for reading this and good luck in all your other events – but please do come and support and/or paddle for YOUR club at this unique event.

From Neil Maloney



Hot News

Community Sports Coach

We are very pleased to announce that two of 'our own', Gordon Walling and Sean Hudson, have just been appointed to the new roles of Community Sports Coach.

They will make links with local schools, mostly primary, and run regular after school courses progressing the youngsters into regular club sessions. During the winter, gym work based on Long Term Paddler Development will be included in the programme. The posts are funded and supported by Sport England through the Surrey Sports Partnership and match funded by Canoe England through the DCMS PESCCCL grants and the clubs themselves.

Addlestone Canoe Club has secured these positions with Shepperton as a partner. The programme will include introduction to Shepperton for white water skills and especially slalom.

The aim is for the coaches to obtain interest from schools in the area by going into assemblies and running demonstrations with paddling machines etc. Then, they will work together to run introductory 6 week courses starting at Addlestone on the canal for up to 16 children on Mondays and Thursdays (c. 16.00 to 18.00hrs) and with a possible 2 hour session at the week end. The course will work towards Paddlepower one.

Gordon and Sean are super qualified for the role and we wish them well.

Anyone got a good picture of Sean or Gordon??

Rankings

Check out the www.canoeslalom.co.uk

David and Forbes Lindsay and Jamie Randall are making excellent progress in Div 2. Victoria Maloney is No. 1 in Div 2. Catherine Hayes has been promoted to div 1 – well done!

And Div 1 and Prem paddlers are progressing up the ranks.

Well done to all of you.

Hoping to see Jamie Rendall on the C1 rankings soon.

Here's hoping that the community coaches will soon be feeding in some new Div 4 and 3 paddlers to add to the list – hopefully on July 9th 10th at Shepperton – and that Shepperton makes a real impact at the Interclubs this year (remember 10th 11th September)

Thanks Paul

Many thanks to Paul Ratcliffe for his excellent coaching on Wednesday and Thursday evenings over the winter.

As part of his UK Sport Elite Coach Programme, he helped with the World Class Start coaching programme in the south and was key in starting the initiative to help Shepperton become an effective centre of excellence for canoe slalom.

He was inspirational in his coaching and expanded his sessions to include all Shepperton members who were there.

Paul must now direct his talents elsewhere and we will miss his visits. However, we still have the excellent support from John McCalla and some clinics are planned when Paul may well visit again.

Thank you Paul.

WHITewater *The Canoe Centre*

01932 247 978

Shepperton

www.wwtcc.com

Whitewater the Canoe Centre, Shepperton Marina, Felix Lane, Shepperton now stocks slalom gear and can order boats and paddles. So give him a visit when you next need kit or a cool present.

